



Risk Assessments

In the Water:

Hazard	Who might be harmed	Is the risk adequately controlled	What further action is needed to control the risk
1. Drowning	Instructors/ clients	<ul style="list-style-type: none"> Instructors to assess physical competence of each individual. All clients to be able to swim 50 m min 	<ul style="list-style-type: none"> Instructors keeping all clients in waist to chest depth water. (Unless on an advanced lesson)
2. Hypothermia	Instructors/ clients	<ul style="list-style-type: none"> Use of correct equipment based on the time of year. Correct size wetsuits offered. Boots, gloves and hoods if necessary 	<ul style="list-style-type: none"> Blanket for emergency on the beach in the first aid kit
3. Other Injuries	Instructors/ clients	<ul style="list-style-type: none"> Follow NOP and EAP procedures 	
4. Water pollution	Instructors/ clients	<ul style="list-style-type: none"> Follow advice of lifeguards on duty 	<ul style="list-style-type: none"> Liaise with local council Follow cancellation/refund procedures
5. Marine Stings	Instructors/ clients	<ul style="list-style-type: none"> Use appropriate wetsuits and accessories. Offer boots to avoid weaver fish stings Enquire about anaphylactic shock during health check at the beginning of the lesson 	
6. Client pulled into Deep Water (rips currents etc.)	Clients	<ul style="list-style-type: none"> All instructors briefed and receive training in local conditions. The lesson will only take place when the sea state, tide and wind are within safe working distance 	
7. Collision with other water users	Clients/ instructors	<ul style="list-style-type: none"> Client to be briefed on avoidance techniques, flags and safe use of a board. Instructors to ensure clients are evenly spaced at all times and adhering to the safe code of practice. 	

8. Spinal Injury	Clients/ Instructors	<ul style="list-style-type: none"> • Due to the gradient of the beaches, the additional hazards of high tide surfing will be covered in the initial brief. • Surfing lessons will be planned around high tide if sea conditions are not within the safe working limit 	
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Off the Beach:

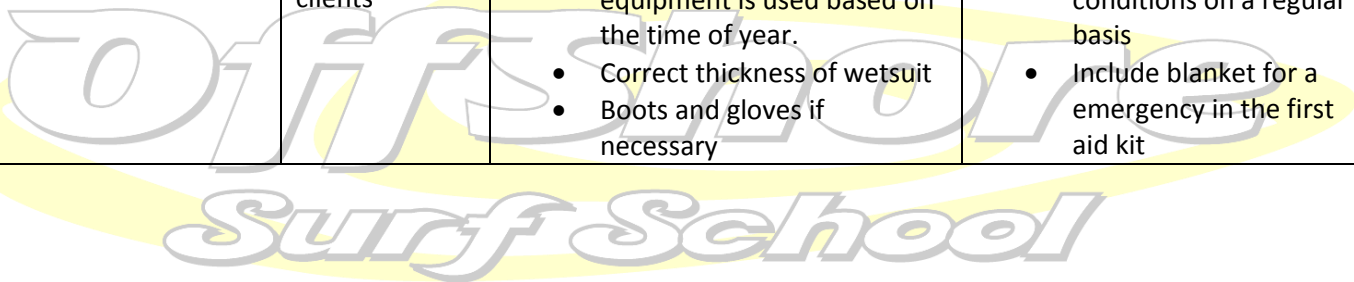
Hazard	Who might be harmed	Is the risk adequately controlled	What further action is needed to control the risk
1. Existing medical conditions	Instructors/ clients	<ul style="list-style-type: none"> • Controlled by checking instructors medical history. • Customers to fill out a participation form (medical details & history) 	<ul style="list-style-type: none"> • Ensure medication is accessible at all times throughout lesson
2. Dehydration	Instructors/ clients	<ul style="list-style-type: none"> • Make sure instructors and clients have adequate fluid consumption before leaving the surf school 	<ul style="list-style-type: none"> • Supply water to be taken down to the beach in first aid kit
3. Sunburn	Instructors/ clients	<ul style="list-style-type: none"> • Make sure instructors and clients have applied waterproof sun block (factor 30) to all exposed areas. • Instructors to wear hats on sunny days 	<ul style="list-style-type: none"> • Extra sunscreen carried to the beach in first aid kit

Getting to the beach:

Hazard	Who might be harmed	Is the risk adequately controlled	What further action is needed to control the risk
1. Traffic accidents	Instructors/ clients	<ul style="list-style-type: none"> • Instructors spaced evenly within group for walk to beach. When crossing roads ensure one instructor leads communicating with clients at all times 	<ul style="list-style-type: none"> • Keep younger and less able members of the group close to instructors
2. Falling, tripping & slipping	Instructors/ clients	<ul style="list-style-type: none"> • Wear appropriate footwear • Instructors to warn clients of uneven surface 	<ul style="list-style-type: none"> • Always use designated public pathway
3. Sharp Objects	Instructors/ clients	<ul style="list-style-type: none"> • Wear appropriate footwear • Instructors to warn clients of sharp objects 	<ul style="list-style-type: none"> • Always use recognised footpath

On the beach:

Hazard	Who might be harmed	Is the risk adequately controlled	What further action is needed to control the risk
1. Falling, Tripping and slipping	Instructors/clients	<ul style="list-style-type: none"> • Advice given by instructors. Re; uneven surfaces 	
2. Beach related debris	Instructors/clients	<ul style="list-style-type: none"> • Instructors to offer warning potential trouble areas (ongoing risk assessment) • Liaise with lifeguards for up to date information on the beach 	<ul style="list-style-type: none"> • First aid kit available on the beach
3. Heat exhaustion/heat stroke	Instructors/clients	<ul style="list-style-type: none"> • Instructors to monitor the group at all times ensuring adequate water consumed • Clients advised to take a bottle of water down with them 	<ul style="list-style-type: none"> • Up to date check on the weather and warn clients
4. Hypothermia	Instructors/clients	<ul style="list-style-type: none"> • Always ensure correct equipment is used based on the time of year. • Correct thickness of wetsuit • Boots and gloves if necessary 	<ul style="list-style-type: none"> • Check weather conditions on a regular basis • Include blanket for a emergency in the first aid kit



Diffusion

Surf School